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Small Plates And Sweet Treats: My Family's Journey To Gluten-Free Cooking, From The Creator Of Cannelle Et Vanille



Synopsis

Trained pastry chef, blogger, and mother of two Aran Goyoaga turned to gluten-free cooking when she and her children were diagnosed with gluten intolerance. Combining the flavors of her childhood in Bilbao, Spain, with unique artistry and the informal elegance of small-plate dining, Aran has sacrificed nothing. Dishes range from soups and salads to savory tarts and stews to her signature desserts. With delicate, flavorful, and naturally gluten-free recipes arranged by season, and the author's gorgeously sun-filled food photography throughout, *SMALL PLATES AND SWEET TREATS* will bring the magic of Aran's home to yours. Fans of *Cannelle et Vanille*, those with gluten allergies, and cookbook enthusiasts looking for something new and special will all be attracted to this breathtaking book.

Customer Reviews

"Beautifully styled and photographed treatise on all things gluten-free." — Gwyneth Paltrow, on *GOOP*
"A charmer from start to finish. Aran Goyoaga, the creator of *Cannelle et Vanille*, is such a talented photographer that her pictures make you dream. Her food is gluten-free, a tremendous plus for anyone with a wheat tolerance, but a treat for everyone who wants to serve full-flavored beautiful food every day." — Dorie Greenspan

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